

# Box Lunch Menu

*Minimum order 12 of each box*

Please allow for a *minimum* two business-day lead time

**\$16/person**

**1. Chicken with Herbes de Provence GF**

Mediterranean couscous salad with chickpeas and Feta  
– contains gluten

Provençale salad with green beans  
Shallot vinaigrette dressing

**2. Chicken breast with lemon and rosemary GF**

Quinoa salad with red bell pepper and cilantro  
Salad with cranberries and feta cheese  
Honey balsamic dressing

**3. Grilled flank steak GF**

Chimichurri sauce  
French potato salad with beans and vinaigrette  
Romaine with bacon, tomato, blue cheese  
Ranch dressing

**4. Flank steak teriyaki** – contains soy

Brown rice salad with sesame  
Spinach and Napa cabbage salad with red bell pepper,  
cucumber, carrot  
Ginger dressing

**5. Grilled garlic shrimp GF**

Brown rice and chickpea salad  
Fresh orange and Manchego cheese salad  
Spiced harissa dressing

**6. Blackened shrimp GF**

Remoulade sauce  
Quinoa salad with red bell pepper  
Mixed greens with cucumber, carrots, tomatoes  
French vinaigrette

**7. Chicken satays** – contains soy

Peanut sauce – contains peanuts  
Black rice salad with sesame ginger vinaigrette  
Thai salad with cilantro, Thai basil  
Citrus-soy dressing

**8. Chicken tikka masala GF**

Garam masala tomato sauce  
Curried basmati rice salad  
Cashew, golden raisin, and orange salad  
Spiced harissa dressing

**9. Moroccan Chicken breast with mild spices GF**

Chermoula Sauce  
Red rice and quinoa salad with cilantro and dates  
Romaine with fresh oranges, Manchego  
Spiced harissa dressing

**10. Moroccan vegetarian couscous stew GF**

Red rice and quinoa salad with cilantro and dates  
Romaine with fresh oranges, Manchego  
Spiced harissa dressing

**11. Roasted pork tenderloin GF**

Maple mustard sauce  
Brown rice salad with mushrooms and walnuts  
Salad with cranberries, goat cheese  
Honey balsamic vinaigrette

**12. Vegetarian** – contains gluten

Pasta salad with tomatoes and basil – contains gluten  
Mixed greens antipasto salad with asparagus,  
mushrooms, roasted red peppers, artichokes,  
fresh mozzarella  
Balsamic vinaigrette

**13. Grilled Italian herb chicken** – contains gluten

Pesto pasta salad with lemon and pistachios- contains  
gluten  
Caesar salad with parmesan and homemade croutons  
– contains gluten  
Homemade Caesar dressing

**Desserts | additional \$2.50/person**

*Fresh fruit cup - pineapple, strawberries, blueberries -OR- Brown butter chocolate chip cookies*